



## KAYAK

**Dora Baltea River: May-Sept. at Morgex**

**White water kayaking is one of the most exciting and exhilarating that anyone can enjoy. It demands a great deal of physical fitness, strength, stamina, and a lot of courage.**

**Kayak Course for beginners, paddlers with some experience on rivers and for to learn eskimo-roll technique.**

**Week-end EUR 100**

**Settimanale EUR 220**

**Duration activity: 3 - 4 H**

**Photo Service: EUR 4 per person**

**Participation:** Everybody can participate in the school's activities as long as they can swim, are in good health.

**What To Bring:** It's suggested to bring swimming costume and shower supplies for a hot shower.

**Duration Of Activity:** Includes changing, briefing and time in river.

**Security:** All descents are preceded by a full safety briefing, and fitting of equipment by an instructor. We carry phone contact from the river to the base. We reserve the right to modify the program depending on weather and river characteristics to best suit the participants.

**The Price Includes:** Professional guides, safety kayak, all river equipment, neoprene wetsuit, disposable hygienic socks, neoprene shoes, life jacket, helmet, kayak, paddle and spraydeck, use of showers and changing rooms, transport from the base to the river and return to the base.

**First Level:** It's a course designed for beginners and provides for a gradual approach to the technique of river canoeing. The course includes the introduction to canoeing on flat water tests, concepts of basic river canoeing. Difficulty I / II grade.

**Second Level:** It's a course suitable for paddlers with some experience on rivers of the first and second difficulty. The goal is to make the student able to take a stretch of river until III degree.

**Third Level:** It's a course suitable for paddlers with some experience on rivers and basic knowledge. The goal is to reach a good technique in white water and to start rodeo play (if interested)

**Guided Trip:** After a short lesson on class II rapids you will choose with your guide the best section to run and go straight on to a river tour (class III and IV)

**Clothing:** All the river gear is provided by the school.

**Payments:** Have accepted cash, credit cards and checks.

**Other Services:** Photos, videos, care of personal valuables, dog-sitting, WiFi internet free, grill, firewood & fridge for organizing barbecues and parties, bathroom for disabled and free parking for bus and 100 cars with CCTV cameras.

**Weather:** The rain is never a problem, actually it increases the water level and makes the river even more fun! We will supply safety gear to keep you warm, and at the end of the trip there will be a nice hot shower waiting for you.

But if conditions appear to be dangerous on the river we will notify you in advance. In this case we can arrange another date or receive a refund of the deposit.