



Canyoning

CHALAMY CANYON

Accompanied by a guide, you will discover places where the current has shaped and polished the rock for millennia.

Hiking in canyons full of jumps, slides and abseiling is an exciting and fun way to explore nature. Experience corners of a magical world that you can only discover from this perspective.

Duration activity: 4 hours (in the canyon 3 hours)

Minimum age: 12 years old

FAMILY CANYONING

Days: Tuesday and Friday

Specially dedicated program for children and families.

The experience has been designed to allow children to have fun in total safety. Abseiling, jumps and water slides are always avoidable and chosen according to the age and ability of the group and the individual.

Duration activity: 3 hours (in the canyon 2 hours)

Minimum age: for children from 6 to 12 years old

Chalamy (Mont Avic Park): This Aosta Valley canyon is renowned in this region as it is an aquatic canyon and has a good mixture passages. Rope descents, jumps, slides but most of all outstanding clear natural water pools. Logistically this canyon has easy access and It shows all the aspects of this sport. It's a stream suitable for adults and children.

Participation: everybody can participate in the school's activities as long as they can swim, are in good health.

What To Bring: swimming costume, trekking shoes and towel.

The Price Includes: all canyoning equipment, wetsuit, helmet, neoprene socks and professional guides.

Trips depart from: Verrès